



Stratford-sub-Castle Church of England VC Primary School

Headteacher: Mrs Justine Watkins Bed (Hons)



Life in all its fullness

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Tuesday 22nd April 2025

Dear All,

In the summer term, we teach our pupils lessons focussing on Relationship, Sex and Health Education (RSHE) in their PSHE and science lessons.

Schools are expected to use PSHE education to build, where appropriate, on the statutory content already outlined in the national curriculum, the basic school curriculum and in statutory guidance on: drug education, financial education, sex and relationship education (RSHE) and the importance of physical activity and diet for a healthy lifestyle.

All primary age children **must** be taught Relationships and Health Education.

Our school intends to use sensitivity and flexibility to deliver the content in a way that is age and developmentally appropriate and sensitive to the needs and religious background of our pupils. Our school ensures that teaching is integrated within wider themes of the Personal, Social Health and Economic Education (PSHE) and citizenship curriculum. Our framework for statutory and non-statutory content is provided by **Jigsaw: The Mindful Approach to PSHE** scheme of work. This scheme has been used by the school for a number of years because it complements the Christian foundation and ethos of the school.

Relationships Education puts in place the building blocks needed for positive and safe relationships, including with family, friends and online. Children are taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, children cover how to treat each other with kindness, consideration and respect.

By the end of primary school, children will have been taught content on: families and people who care for me; caring friendships; respectful relationships; online relationships; and being safe

Health Education aims to give children the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.

By the end of primary school, pupils will have been taught content on: mental wellbeing; internet safety and harms; physical health and fitness; healthy eating; facts and risks associated with drugs, alcohol and tobacco; health and prevention; basic first aid; and changing adolescent body

The human development (Biology) contained in National Curriculum science (Key Stages 1–4) is compulsory in maintained schools such as Stratford-sub-Castle Primary School.

- **‘All children, including those who develop earlier than average, need to know about puberty before they experience the onset of physical changes’**
- **Children should learn ‘how a baby is conceived and born’ before they leave primary school**

Parents may not withdraw a child from Relationships Education or Health Education because it is important that all children receive this content, covering topics such, as friendships and how to stay safe.

The science curriculum in all maintained schools also includes content on human development, including reproduction, which there is no right to withdraw from.

If parents do not want a child to take part in some or all of the lessons on Sex Education, they may ask that they are withdrawn. At primary level, the head teacher must grant this request.

Please see the *Personal, Social, Health and Economic Education (PSHE) and Relationships and Sex Education and Health Education Policy (RSHE)* attached to this letter. We welcome your feedback on this policy.

Please send to admin@stratford-sub-castle.wilts.sch.uk

Please find the curriculum coverage, for each class, below. If you have any concerns or questions, please contact myself or Mrs Watkins.

Kindest regards

Mrs Jodie Waters (PSHE Leader)

Butterfly Class

Lesson Sequence	Science National Curriculum Objectives	PSHE/RHE Curriculum
What do you already know about the lifecycles of animals and humans? What changes happen as we/they grow?	✓	✓
How have you changed since you were a baby? What has stayed the same?	✓	✓
Can you talk about how your body has changed since you were a baby?	✓	✓
Can you identify the parts of the body that make boys' and girls' bodies different? <i>(Includes identifying the parts of the body that make boys different to girls. Using correct names for these parts: penis, testicles, vagina)</i>		✓
What do you enjoy about learning new things? Who can you ask if you are worried about changes?		✓

Owl Class

Lesson Sequence	Science National Curriculum Objectives	PSHE/RHE Curriculum
What do you already know about the lifecycles of animals and humans? What changes happen as we/they grow?	✓	✓
How will you change as you grow older? Can you do anything about growing up?	✓	✓
Can you talk about how your body has changed since you were a baby?	✓	✓
What are the differences between boys' and girls' bodies? What are these parts called? <i>(Includes identifying the parts of the body that make boys different to girls. Using correct names for these parts: penis, testicles, vagina)</i>	✓	✓
Do you know what to say when you do not like something? Who can you ask for help?		✓
What are you looking forward to in the next year? Who can you talk to if you are worried about changes?		✓

Robin Class

Lesson Sequence	Science National Curriculum Objectives	PSHE/RHE Curriculum
What changes happen as animals and humans grow up?	✓	✓
How do babies develop in the mother's uterus? What do they need to live and grow?	✓	✓
How do girls' and boy's bodies change on the outside as they grow up? Why do their bodies change? <i>(Includes identifying how girls' and boys' bodies change on the outside as they are growing up)</i>	✓	✓
How do girls' and boys' bodies change on the inside as they grow up? Why do their bodies change? <i>(Includes identifying how girls' and boys' bodies change on the inside as they are growing up. Understanding why these changes are necessary so that their bodies can make babies when they grow up. Recognising how I feel about these changes)</i>	✓	✓
What is a family?		✓
What are you looking forward to in your next school year?		✓

Woodpecker Class

Lesson Sequence <i>(Includes Sex and Relationship Education in the context of looking at and managing change)</i>	Science National Curriculum Objectives	PSHE/ RSE Curriculum
How am I unique and what do I inherit from my birth parents?		✓
What are the correct names of the internal and external parts of a male and female body used for making a baby?	✓	✓
When are you ready to have a baby?		✓
How does your body change over time?	✓	
How do girls' bodies change during puberty?	✓	✓
How do boys' bodies change during puberty?	✓	✓
How do humans reproduce?	✓	✓
How do I manage changes in my life positively?		✓

Fox Class

Lesson Sequence <i>(Includes Sex and Relationship Education in the context of looking at and managing change)</i>	Science National Curriculum Objectives	PSHE/ RSE Curriculum
What do you already know about how your body changes? How does your body change as you get older?	✓	
How do babies grow and develop?	✓	
What is self-image? How does it affect your self-esteem?		✓
How do girls' bodies change during puberty?	✓	✓
How do boys' bodies change during puberty?	✓	✓
How do humans reproduce?	✓	
When are you ready to have a baby?		✓
How long are gestation periods?	✓	
What is the life expectancy of humans?	✓	
What are you looking forward to as you get older?		✓