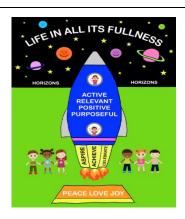
#### Stratford-sub-Castle CE VC Primary School Newsletter



Monday 16<sup>th</sup> September 2024

Life in all its fullness John 10:10





# Our theme for assembly this term is Thankfulness

'Always be thankful.' 1 Thessalonians 5.16



## Individual and school sibling photographs.

Wednesday 18<sup>th</sup> September 2024

This time of year, the individual and family portraits are done (in time for Christmas), whilst the class photos are taken in the summer. Please note, you are under no obligation to buy. All the children will have a photo taken individually (for school records) and all school siblings will have a photograph together. Please make sure your child comes to school in their school uniform for the photographs.

Woodpecker Class may bring in their outdoor learning clothes, if they wish to change, and will have their photographs taken first.

#### **Harvest Festival**

Our **Harvest Festival** is being held at the **Church** on <u>Wednesday 2<sup>nd</sup> October 2024 at 2.15pm.</u> Children from Robin, Woodpecker and Fox Class will attend our Harvest Festival. Fox Class will lead the service and choir will perform a harvest song. Parents of these children may join us in church.

We are encouraging all our children to bring in non-perishables during the week commencing Monday 30<sup>th</sup> September 2024. As usual all our *Harvest Gifts* will go to the Trussell Trust. This organisation brings a bit of hope to families, who are going through a tough time.

**THE FOOD BANK** provides short-term emergency food to people in crisis. Food is given as an intervention strategy, which allows care professionals, such as Church Pastoral Workers, Health Visitors, Social Services etc. time to put longer-term measures in place.

#### THE FOOD BANK HARVEST SHOPPING LIST: Some ideas

Soup (Tinned or packet)

Cooking Sauce (Sachet)

Rice Pudding (Tinned)

Breakfast Cereal

Meat (Tinned)

Vegetables (Tinned)

Tuna/fish (Tinned)

Fruit (Tinned)

Pot Noodles

Orange juice (Carton)

Sugar Chocolate Biscuits

Please help us to have a "bumper" Harvest Festival by donating something from the shopping list above. A crate will be outside the front gate for donations.

## **Welcome & Information Evening for Parents of Reception Children**

We are holding a "Welcome /Q&A Session for New Parents" on Wednesday 25<sup>th</sup> September at 18:00 in the school hall. At this session we will answer any questions now that you have had a chance to get into the swing of things! Mrs Waters will give a short presentation, including information regarding early reading and our phonics scheme, and there will be a chance to ask questions.

PLEASE LET MRS MUNT IN THE OFFICE KNOW IF YOU WISH TO ATTEND. MANY THANKS.

# Phonics and early reading (Reception, Year 1 and Year 2)

Miss Smith has created a video to explain our phonics scheme, Essential Letters and Sounds, and how we teach reading at Stratford. If you are interested, please go to the school website. Follow the link below

https://stratford-sub-castle.wilts.sch.uk/parent-workshops/

If you have any questions regarding this please contact Miss Smith through the <u>admin@stratford-sub-castle.wilts.sch.uk</u> email.

#### **SLEEP**

**Because all children thrive from routine and predictability,** please also remember sleep routines are crucial to good learning and indeed all-round health and well-being! Sleep is no less important than food, drink, or safety in the lives of children. Although this may seem apparent, many of us actually do not allow our children to get the critical sleep they need to develop and function properly.

It's certainly not something we do on purpose. As a matter of fact, we often don't think much of it, and that is the problem. With parents working long hours, schedules packed with school, after-school activities, and other lifestyle factors, bedtimes are pushed back, mornings start earlier and nights may be anything but peaceful. Going to bed a little late may not seem like a big deal, but it is. It all adds up, with consequences which may last a lifetime.

To understand the critical nature of sleep to our children's growth and development, we need to understand more about what sleep does, what healthy sleep is, and what happens when children do not get either the right amount of sleep, the best quality sleep, or both. We also need to understand the role sleep plays in being alert or drowsy, stressed or relaxed, and how that in turn may affect temperament, learning, and social behaviour.

In his book 'Healthy Sleep Habits, Happy Child', Marc Weissbluth writes,

"Sleep is the power source that keeps your mind alert and calm. Every night and at every nap, sleep recharges the brain's battery. Sleeping well increases brainpower just as weight lifting builds

stronger muscles, because sleeping well increases your attention span and allows you to be physically relaxed and mentally alert at the same time. Then you are at your personal best."

The NHS website provides guidance on the amount of sleep required by different aged children. https://www.nhs.uk/live-well/sleep-and-tiredness/how-much-sleep-do-kids-need/

**4 years:** night-time: 11 hours 30 minutes

5 years: night-time: 11 hours

6 years: night-time: 10 hours 45 minutes 7 years: night-time: 10 hours 30 minutes 8 years: night-time: 10 hours 15 minutes

9 years: night-time: 10 hours

**10 years:** night-time: 9 hours 45 minutes **11 years:** night-time: 9 hours 30 minutes **12 years:** night-time: 9 hours 15 minutes

We shall be talking to all our children about the importance of sleep at various points during the year. Please help us by having conversations about sleep in your house-hold! Is enough sleep happening? If not please read this letter with them and change routines and timings so your child's brain benefits from critical sleep. For more information, please see

https://thesleepcharity.org.uk/information-support/children/

#### A few reminders...

Please make sure your child has a coat in school, even if it is sunny in the morning. We like to get outside for playtimes even if it is drizzling!

Bikes and scooters are not allowed to be ridden on the school premises under any circumstance.

Please do not let your children play with the school equipment at the end of the school day.

The gate opens at 08.40 every morning, please do not let children play outside the school while waiting.

Best wishes Justine Watkins

2024	-2025	
TERM 1		
EVENT	DATE	
Online application forms for admissions	01.09.24	
into EYFS September 2025/2026 available.	www.wiltshire.gov.uk	
Teacher Development Day 1	Monday 02.09.24	
Teacher Development Day 2	Tuesday 03.09.24	
CHILDREN START/BACK TO SCHOOL	Wednesday 04.09.24	
New Beginnings Service in St Lawrence	Wednesday 04.09.24	
Church followed by First Day café. All welcome.	@ 09.15 (Rev Joe)	
No before/after school clubs <u>except</u> Early Birds and Night Owls	w/b Monday 02.09.24	
After school clubs commence	w/b Monday 09.09.24	
Photographs – Individual portraits	Wednesday 18.09.24	
Harvest Festival in Church for KS2	Wednesday 02.10.24	
	@14.15	
Parents Meeting for EYFS	Wednesday 25.09.24	
	@ 18.00	
ALL BREAK for HOLIDAY	Tuesday 22.10.24	
Teacher Development Day 3	Wednesday 23.10.24	
TERM 2		
ALL BACK TO SCHOOL	Monday 04.11.24	
No clubs except Early Birds and Night Owls	w/b Monday 04.11.24	
Clubs commence	w/b Monday 11.11.24	
Parents' Evenings (In person)	Wednesday 13.11.24	
	Thursday 14.11.24	
No Clubs except Early Birds and Night	w/b Monday 09.12.24	
Owls	•	
Dress rehearsal to school: Infant Nativity in School Hall	Tuesday 10.12.24	
Infant Nativity in School Hall to families	Wednesday 11. 12.24 @ 09.30	
(Butterfly Class)		
Infant Nativity in School Hall to families	Thursday 12.12.24 @ 09.30	
(Owl Class)		
Christmas Bazaar (FOSS)	Friday 13.12.24	
School Carol Service in St. Lawrence	Wednesday 18.12.24	
Church	@14.15	
Year 3, Year 4, Year 5 and Year 6.		
No Night Owls on Friday 20 <sup>th</sup> December 2024		

2024 -2025		
TERM 3		
EVENT	DATE	
Teacher Development Day 4	Monday 06.01.25	
No before/after school clubs except Early	w/b Tuesday 07.01.25	
Birds and Night Owls		
After school clubs commence	w/b Monday 13.01.25	
Primary School Deadline for EYFS September	Wednesday 15.01.25	
2025/ 2026 ( <u>www.wiltshire.gov.uk</u> )		
Y6 Parent Workshop – Year 6 SATS TEAMS		
meeting.		
No Clubs except Early Birds and Night Owls	w/b Monday 10.02.25	
ALL BREAK for HOLIDAY	Friday 14.02.25	
TERM 4		
ALL BACK TO SCHOOL	Monday 24.02.25	
No clubs except Early Birds and Night Owls	w/b Monday 24.02.25	
Clubs commence	w/b Monday 03.03.25	
National Offer Day: SECONDARY	Monday 03.03.25	
Open Door afternoon. Come and look round the	Tuesday 25.02.25	
school and see displays, books and classrooms!	Thursday 27.02.25	
Parents' Evenings (Online)	Wednesday 05.03.25	
	Thursday 06.03.25	
No Clubs except Early Birds and Night Owls	w/b Monday 31.03.25	
School Easter Service in St. Lawrence	Friday 04.04.25	
Church: Year 3, Year 4, Year 5 and Year 6.	@14.15	
No Night Owls on Friday 4 <sup>th</sup> April 2025		

2024 -2025		
TERM 5		
EVENT	DATE	
National Offer Day : PRIMARY	Wednesday 16.04.25	
ALL BACK TO SCHOOL	Tuesday 22.04.25	
No clubs except Early Birds and Night Owls.	w/b Tuesday 22.04.25	
Clubs commence	w/b Monday 28.04.25	
Key Stage 2 SATs Week/Assessment Week.	w/b Monday 12.05.25	
No clubs except Early Birds and Night Owls.	w/b 19.05.25	
Class Photographs	Wednesday 21.05.25	
ALL BREAK for HOLIDAY	Friday 23.05.25	
TERM 6		
Teacher Development Day 5	Monday 02.06.25	
ALL BACK TO SCHOOL	Tuesday 03.06.25	
No clubs except Early Birds and Night Owls	w/b Tuesday 03.06.25	
Clubs commence	w/b Monday 09.06.25	
Meeting for Parents of new intake September 2025	Wednesday 18.06.25	
Induction Session 1: Year R September 2025	Wednesday 25.06.25	
June Fayre	Friday 27.06.25	
Induction Session 2: Year R September 2025	Wednesday 02.07.25	
Induction Session 3: Year R September 2025	Wednesday 09.07.25	
Sports day	Thursday 03.07.25	
Reserve Sports Day	Thursday 10.07.25	
No Clubs except Early Birds and Night Owls	w/b Monday 14/07/25	
Family Open Evening – all welcome	Thursday 17.07.25	
Leavers' Service in St Lawrence Church	Thursday 24.07.25	
	@ 13.30	
No Night Owls on Thursday 24th July 2025		

## Academic year 2025 2026

**Year 6** Braeside residential Wednesday 24<sup>th</sup> September – Friday 26<sup>th</sup> September 2025

More details to follow this term