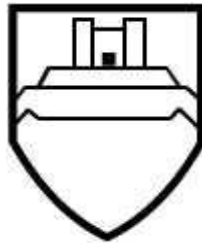


Stratford-sub-Castle CE VC
Primary School
Newsletter

Friday 21st June 2024



Life in all its
fullness
John 10:10

Term 6 is always a time of change. Our Year 6 are preparing for their end of year show and attending transition days at their new schools where they will start in September. We welcomed our new Caterpillars this week, who will transform into some of our Butterfly Class in September. Year 5 are visiting secondary schools for taster days so decisions can be made by October 2024. We are very close to finalising the new classes for next year and will inform the children and parents in the next couple of weeks. This can be a very unsettling time for some of us. Please find some advice to help you children through this time at the bottom of this letter.

Year 6 Leavers Service at Salisbury Cathedral

I had the privilege of joining our year 6 leavers, Mrs Wilson, Mrs Ray and Miss Wilson to attend a Leavers service at Salisbury Cathedral held by Salisbury Diocesan Board of Education, yesterday. It was a lovely service and I was very proud of all our year 6 leavers who together had written a prayer for the service. A big well done to Ella, Georgia, Isabelle and Mia who read the prayer beautifully, clearly and with confidence in front of over 1000 children from school across the Diocese. Thank you to Emma Turner who help year 6 make our school banner and well done also to Brooke and Kenny who carried it with pride and led us out of the cathedral.





SING-UP DAY 2023: WEDNESDAY 26TH JUNE @ 1.30 pm (in the school hall)



As you probably know, we like a good sing at Stratford!
Sing –Up Day provides families with the chance to come and join in! Mrs Aylett will conduct us in an hour of music and song! Doors to the hall will be open at 1.20pm.
Please let Mrs Munt in the school office know if you wish to attend, with Sing Up in the message box.

FRIDAY 28TH JUNE 2024 IS A NON-UNIFORM DAY. PLEASE BRING IN CAKES AND PERISHABLE ITEMS FOR THE JUNE FAYRE

(As choir are out this day they must come to school in school uniform, they may wear their own clothes on Monday 1st July for their non- uniform day.)

THERE WILL BE NO SMILEY FACE CELEBRATION ON THIS DAY DUE TO SETTING UP FOR THE JUNE FAYRE.

JUNE SUMMER FAYRE (FRIDAY 28TH JUNE @ 6:00 – 8:00 pm)

Thank you for all your donations for the June Summer Fayre.

Donations – we are still accepting donations for the Adult, Children, Teddy and Bottle tombola up until the day of the fayre. Any donations of non-perishable items for the Home-Produce stall can also be donated anytime.

Cakes and Perishable items to be brought into school on the 28th June, when we will have a non-school uniform day. (As choir are out this day they must come to school in school uniform, they may wear their own clothes on Monday 1st July for their non- uniform day.)

Raffle tickets – Please make sure your stubs and unsold raffle tickets are returned. For those requiring more, please drop and email with your name, child's class and number of tickets required to friendsofstratfordschool@gmail.com or drop a message via the facebook group. If we get enough volunteers, raffle tickets will be on sale at the Fayre too.

PLEASE HELP!!



VOLUNTEERS NEEDED URGENTLY!

Can you spare 30 minutes between 6-8pm?

We need more help to run the stalls & BBQ at the June Fayre

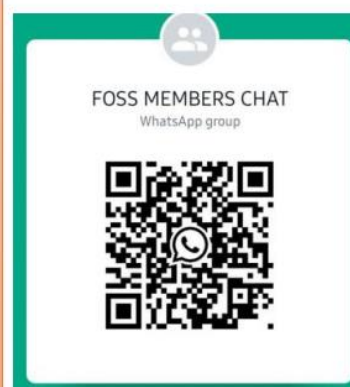


Without additional help, we **WILL NOT** be able to run all the stalls and the planned activities this year, resulting in us scaling back to avoid the long queues and creating incredibly tired people.

By having a rota of helpers, means everyone gets to enjoy some time with their children. Parents, carers, friend, aunties, uncles and grandparents are all welcome to sign up!

Volunteer sign up link: volunteersignup.org/DWCXT, or drop a message through a direct message on Facebook or via the Whatsapp group by scanning the QR code.

We need **HELP** to run: Croc Smash, Raffle, BBQ, Kids Tombola, Adult Tombola, Cake Stall, Teddy Tombola & Bottle Stall



We are really looking forward to seeing you all and your families next Friday. Gates open at 6pm.

SPORTS DAY: TUESDAY 2ND JULY 2024

(Parents, grandparents and families all very welcome)

This is always one of the year's high-lights. I do hope you will be able to join us and cheer all the competitors on. We will be starting as near to **9.20am** as possible and finish at about 11.45am.

Please bring a deck chair if you have one, we have run out of chairs in the past.

Refreshments provided by 'THE FOSS' will be available during the morning.

SAFETY RULES FOR SPORTS DAY

- **Sit or stand on the side designated for parents- do not approach pupils on their side**
- **Carry refreshments with care, please do not purchase cakes and drinks for school pupils**
- **Stay away from the finishing line / zone**
- **Please do not allow younger siblings to play on the track or equipment**
- **During the water race please stand as close to the running track as possible**

CLUBS

The last week of **all clubs** is week beginning 08.07.24. This includes the Multi sports club for KS2 which is paid for by parents.

End of year gifts (from previous newsletter)

I have recently been asked about gifts for staff/the school for the end of the school year. Firstly, can I say while gifts are very much appreciated, they are not expected. We do our job because we enjoy it, we love to see the progress your children make – academically, personally and socially, that is enough for us. However, I know that some people like to show their appreciation with gifts and cards. Last year we created an Amazon wish list with books on that we would really like for the school to enhance our library and classroom books. If you would like to gift us one of these instead of giving the staff gifts then we would be very grateful. If you would prefer to do something else then that is entirely up to you. Please find the link to our wish list below.

https://www.amazon.co.uk/hz/wishlist/ls/33OJQIDFGWKJV?ref_=wl_share

Sports Day Practice	Thursday 27.06.24
Induction Session 2: Year R September 2024	Wednesday 26.06.24
Non-Uniform Day for June Fayre	Friday 28.06.24
June Fayre No clubs except Early Birds and Night Owls	Friday 28.06.24
Sports Day	Tuesday 02.07.24
Induction Session 3: Year R September 2024	Wednesday 03.07.24
Annual Reports to Parents	w/b 08.07.24
Reserve Sports Day	Tuesday 09.07.24
Fox Class Show to their families.	Wednesday 10.07.24
No clubs except Early Birds and Night Owls	w/b Monday 15.07.24
Family Open Evening – Parents and grandparents welcome.	Wednesday 17.07.24 @ 15:30 – 18:00
Whole School end of year topic day	Tuesday 23.07.24
Leavers' Service in St Lawrence Church	Wednesday 24.07.24 @ 13:15
BREAK FOR SUMMER HOLIDAYS NO NIGHT OWLS AFTER SCHOOL.	Wednesday 24.07.24 @15.00

How to support your child with change.

Change is part of life and can be good but can also cause some anxieties for children, and adults too. It is important we support our children so that they can build resilience and learn strategies to be able to cope with change in the future.

Big life changes are inevitable, but that doesn't make them any easier for children (or adults) to manage. Structure and stability feel safe for children, so new experiences like changing class, moving school, divorce or welcoming a baby sibling can be scary. As we face changes, we develop the skills of resilience. By navigating and growing from these experiences, we strengthen and train our "resilience muscle." Children who are new to major life changes need extra support in addressing their feelings, understanding and adjusting to change, and learning new strategies and skills along the way.

Remember that children feel our emotions, so start by acknowledging and regulating your *own* feelings about the big change.

1. GIVE THEM TIME TO PREPARE

When preparation is an option, give your child plenty of advance warning that a major change is coming. This allows them **time to process** and begin to accept the change.



2. LISTEN TO THEIR CONCERNS



Take time to address your child's questions and concerns. Help them **work through the emotions** that they're feeling.

If your child struggles to name what they are feeling, help them label the emotion (e.g., anxious, sad, nervous, worried, or scared).

3. READ BOOKS ABOUT BIG LIFE CHANGES

There are plenty of children's books written to **help kids cope** with major life changes.

Check out the Top 85 Growth Mindset Books for Children and Adults in our Growth Mindset Printables Kit on biglifejournal.com



4. KEEP ROUTINES THE SAME



Give your child as much **consistency and stability** as possible. Bedtimes and mealtimes in particular should remain consistent. Structure feels safe for children so provide as much of it as possible to restore a sense of safety.

5. PROVIDE CONNECTION AND PLAY

Remain consistent in your child's **connection with you**. Make sure your child knows that no matter what else changes, you aren't going anywhere, and neither is the bond you have with your child.



6. GIVE THEM CHOICES AND ASK FOR HELP

During a big life change, children feel that they have no control over their lives. Give some **sense of agency** by allowing your child to make small choices:



- What color do they want to paint their bedroom at the other parent's home?
- What should you cook for the first meal in the new house?
- What outfit do they want to wear for their first day at a new school?

7. TALK ABOUT OTHER CHANGES

Talk about things they **successfully coped with** in the past. They might include:

- Starting school
- Getting a new pet
- Joining the soccer team
- Going to first grade



Best wishes

Justine Watkins

