

Salisbury Community Area

Cost of Living Support

Salisbury Area Board is working in partnership with key local organisations to bring you the most up to date cost of living support



Food support

Salisbury Foodbank

Foodbanks work with a number of local agencies, such as Citizens Advice, children's centres and health visitors, who can provide emergency food and support

www.trusselltrust.org/get-help/find-a-foodbank
tel 0808 208 2138

Salisbury Pantry

A friendly shop in Catherine Street offering low cost food for £5 per shop. Membership open to residents in receipt of benefits, on a low wage or struggling to buy food or pay bills. Tuesdays 10am-3pm and every other Wednesday early evening
salisburypantry@salisburycitycouncil.gov.uk
tel 01722 417100

Community Fridge and Café

The community fridge at St Michael's Community Centre aims to help anyone who needs extra support, by providing long life food items, fresh fruit and/or vegetables. The Community Café serves low cost home cooked meals.
Open Monday to Friday, 10am-3pm
Just turn up!

Community Café

Every Tuesday 10am-2pm at the Salisbury Baptist Church providing residents a place for free coffee and conversation with support from the SCC Communities Team. Share what's on your mind and we can signpost to the right support. Lunches available from 12.30pm, booking required
Otherwise, just turn up!

Financial support

Community Money Advice

CMA South Wiltshire offers free face to face confidential support and advice to help resolve financial worries, learn to manage your budget and break free of debt

Email hello@CMASouthWilts.org.uk
tel 07897 180603

Acorn Community Bank

Acorn is a credit union that encourages its members to manage their money carefully, saving when they can and borrowing sensibly when they need to

www.acorncommunitybank.co.uk
tel 0303 030 0147

Wiltshire Citizens Advice

Provides advice about budgeting, debt advice and the extra help you can receive if you're struggling with the cost of living

www.citizensadvicewiltshire.org.uk
tel 0800 144 8848

Household Support Information

Information to support households in the most need who would otherwise struggle with energy bills, food and water bills

www.wiltshire.gov.uk/benefits

Salisbury Community Area



Wellbeing support

Safer and Supportive Salisbury

Bringing positive changes to make the city safe, supportive and inclusive through Health and Wellbeing projects, events & Safe Places. Monthly emailed newsletter shares news of local support
www.safersalisbury.org.uk
sassalisbury5@gmail.com or tel 07484 157768

Silver Salisbury

Offering older residents opportunities to meet new people and try new interests with free or low cost activities and events. Pick up a brochure from a local library and Five Rivers. Look out for opportunities in the local press and visit
www.silversalisbury.co.uk

Age UK Wiltshire

A charity working in the community to support older people, their families and carers by inspiring, supporting and enabling older people
www.ageuk.org.uk/wiltshire
tel 0808 196 2424

Alabare

A confidential service supporting the mental health and emotional wellbeing of residents in our community
www.alabare.co.uk
tel 0808 280 3528

Wiltshire Council

Information and guidance on energy, council tax and benefits, housing support, local practical help and mental health support
www.wiltshire.gov.uk/cost-of-living
tel 0300 456 0100

Warm Spaces & Food providers

Warm spaces and community food providers are available for anyone who needs extra warmth, company and support this Winter
www.wiltshire.gov.uk/cost-of-living
tel 0300 456 0100

Wiltshire Wellbeing Hub

Providing confidential advice, information and signposting from the council's friendly team in relation to the current high cost of living
Email wellbeinghub@wiltshire.gov.uk
tel 0300 003 4576

Wiltshire Libraries

Pick up useful information, take part in activities such as board games and a History club, warm packs available, and enjoy a friendly chat with staff. Silver Salisbury coffee morning on 2nd Friday of the month at 11.00am
www.wiltshire.gov.uk/libraries or 01722 324145

Warm and Safe Wiltshire

Energy saving advice, help relating to insulation, heating and draught-proofing and advice on available grants
www.warmandsafewiltshire.org.uk
tel 0800 038 5722

Carer Support Wiltshire

Supporting unpaid carers to access services, information, education, training and breaks from their caring role
www.carersupportwiltshire.co.uk
tel 0800 181 4118