

Summer and Seasons

Learn about the changes in a tree through the seasons

<https://www.bbc.co.uk/bitesize/clips/zvp6n39>

Can you make a seasons wheel and add in things that happen at different times of the year? Use the sheet and ideas attached to help you.



Fruity Makes

Have a go at making your own fruity treat!

It could be a fruit kebab



Or a fruit salad

A fruit smoothie



Or even a fruity ice lolly

Ask you adult to show you how to cut safely using both the



claw method

and bridge hold



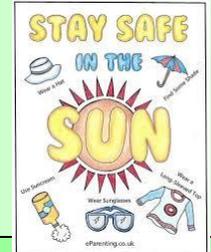
Stay Safe in the Sun

Learn how to stay safe in the sun by watching Dodge and his friends <https://www.bbc.co.uk/cbeebies/watch/sun-safety-for-kids?collection=out-and-about-with-cbeebies>

Now sing along with Dr Ranj and Kiwi as they stay safe in the sun. <https://www.bbc.co.uk/cbeebies/watch/get-well-soon-fun-in-the-sun>

Use the sheet attached to make a poster to tell other people about staying safe in the sun!

Add drawings and writing to show the things they need to remember.



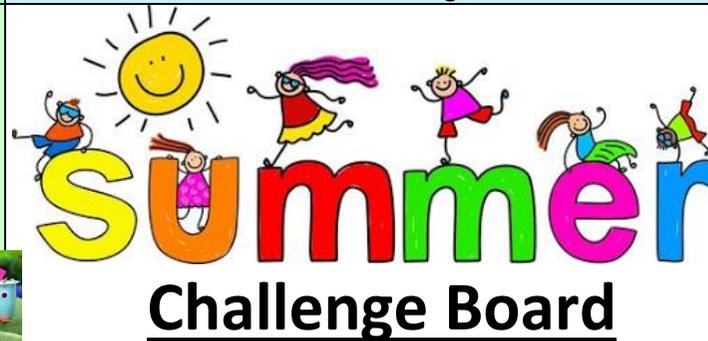
Grow and Eat!

Make a cress head! Use an egg shell or small container and create a funny face on ti using pens or collage. Fill with damp tissue paper and sprinkle cress seeds on top. Watch each day as the cress changes and grows, what do you see? Look after it

by keeping the tissue damp.



Once it has grown, make a yummy egg and cress sandwich to have for a picnic in the garden!



Challenge Board

Owls

Summer Senses Poem

Summer

Looks like the sun sitting in the sky

Feels like someone breathing hot air on me

Sounds like the sun crackling on the earth

Smells like salty sea water

Tastes as good as macaroni cheese

Read this poem to see how the writer has created ideas about summer. Spend some time outside what can you hear, what does it remind you of? What do the smells make you think of? What do you taste in the summer, ice creams and juicy strawberries? Use your ideas to make a summer poem! Use the sheet attached to help you write it.

Colours in Nature

How many colours can you find in nature during the summer? Draw a rainbow of colour on a piece of card and collect things that match, in nature, to glue on.



Natural Weaving Craft

Ask an adult to help you create a frame from sticks or use a piece of strong card, and wind wool or string around it. Now find natural things to weave into your weaving frame. These look beautiful hung in trees in the garden!



Role Play Ice Cream Shop

Make your own role play ice cream shop and use real money to pay! Can you make your own price signs and even a banner for the name of your shop? Make cones and add balls of socks or cotton wool for the ice cream!



For examples and pages to use, see the pages below!

Make a petal sun catcher.

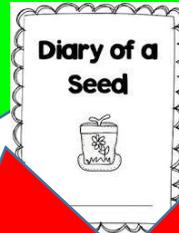
You will need a paper plate and some clear sticky back plastic. Find and pick different coloured petals and leaves to trap inside the two pieces of plastic! Use some string to hang it up.



Flower Petal Suncatcher

Be a gardener!

Plant some seeds and keep a diary to record what happens. Measure your plant as you go to see how it changes and grows!



Diary of a Seed

Seaside Collage Art

Watch the story of the Home for a Hermit Crab here

<https://www.youtube.com/watch?v=0UIGQUQLWAAQ> Now see if you can create a collage underwater scene or creatures



Obstacle Course!

Make an obstacle course in your garden. Can you make things to balance on, climb on, go under and over?



Shadow Investigation

Investigate what happens to shadows during a day. Choose a sunny day and place some paper (weighed down) in a place where it will get sun all day. Place some toys on it to create shadows and draw around the shadows. Visit it during the day and see what has happened!



Shadow Drawing

Yoga Challenge

Learn how to do a yoga Salute to the Sun

[https://www.youtube.com/watch?v=qjGRZS-](https://www.youtube.com/watch?v=qjGRZS-YMVo)

[YMWo](https://www.youtube.com/watch?v=qjGRZS-YMVo)



Kids make it FUN

Make a Rain Cloud in a Jar!

Have a go at this fun science activity and make your own rain cloud!

<https://funlearningforkids.com/rain-cloud-jar-science-experiment/>



Raincloud in a jar science experiment

Exercise at the Beach!

Have a go at Andys Wild Workout at the beach!

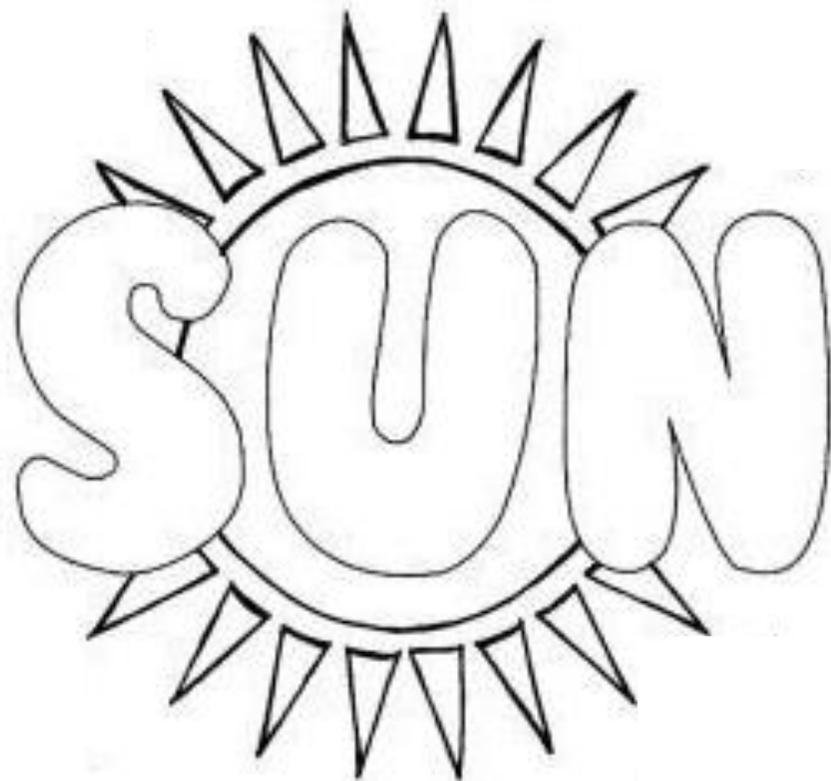
<https://www.bbc.co.uk/iplayer/episode/p06tmnbv/andys-wild-workouts-series-1-4-beaches>



EXERCISE

STAY SAFE

IN THE



Explore summer through your senses.

Complete the sentences below and create your very own sensory poem.



Summer

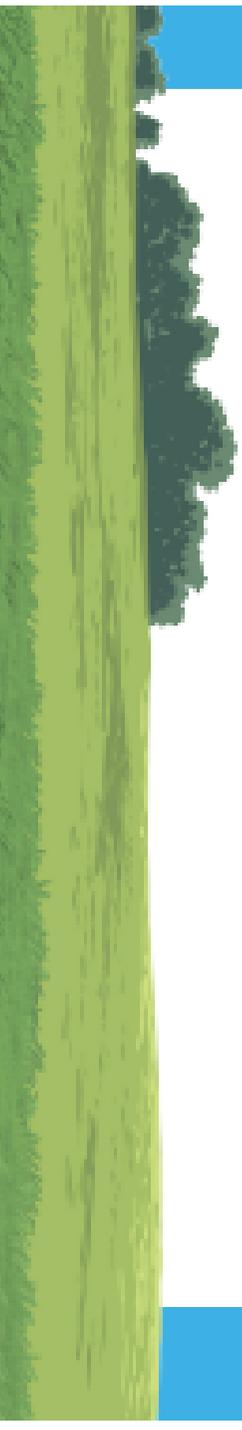
Summer looks like _____

Summer sounds like _____

Summer smells like _____

Summer tastes like _____

Summer feels like _____



Seasons Wheel

Make your own Season Wheel by following the instructions:

1. For each season, draw a picture of the weather.
2. If you can, think of an event that happens in each season. It could be a celebration, a holiday or an important occasion, like a birthday. Add it to your wheel.
3. Add small arrows to your wheel to show which way the seasons go.
4. Carefully cut out your wheel.

