

# WEEK 1

# MENU



WEEK COMMENCING  
03 Sept, 01 Oct, 05 Nov, 03 Dec



FOOD & CO.  
by sodeka

## Monday

### PLANET EARTH DAY

Cheese & Tomato  
French Bread Pizza

## Tuesday

### WORLD FOOD DAY ITALIAN

Italian  
Lasagne with Garlic  
Bread

## Wednesday

### STREET FOOD DAY

Chinese Chicken  
&  
Boiled Rice

## Thursday

### ORIGINALS DAY

Roast Chicken & Roast  
Gravy with Sage &  
Onion Stuffing

## Friday

### FRIDAY FAVOURITES

Oven Baked Fish  
Goujons

Key Stage 3  
Special Day

Vegetarian  
key stage 1 & 2

Carbohydrates

Vegetables

Dessert

Half Jacket Potato

Cheese & Bean  
Turnover

Italian  
Baked pasta with Garlic  
Bread

Diced potatoes

Boiled Rice

Roast Quorn Fillet &  
Gravy with Sage &  
Onion Stuffing

Quorn sausage Pattie  
muffin

Oven Baked Chips

Broccoli Florets, Mixed  
Salad,

Green Beans,  
Mixed Salad,  
Coleslaw

Baby Corn Cobs, Green  
Bean & Carrot Salad

Savoy Cabbage,  
Fresh Sliced Carrots

Garden Peas, Baked  
Beans, Mixed Salad

Raspberry Delight/  
Icecream

Jam sponge & Custard

Mango Frozen Yogurt  
with Fresh Fruit Salad

Shortbread with Custard  
Sauce

Chocolate Cornflake  
Cake

Fruit and vegetables are subject to seasonal change

AVAILABLE DATE: Freshly cooked jacket potatoes with a daily choice of two toppings • Fresh fruit, yogurt, & a mixed salad bar • Freshly baked bread (white & wholemeal)  
FOH ALLERGENIC COMMENT PLEASE SPEAK TO MEMBER OF STAFF WHO WILL BE HAPPY TO ASSIST

