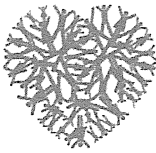


**COMMUNITY
HEARTBEAT**

The Community HeartBeat Trust



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Community Defibrillator Seminar

FREE EVENT

THURSDAY 20TH SEPTEMBER AT 7.30 PM

AND WEDNESDAY 26TH SEPTEMBER AT 3.00 PM

IN THE READING ROOM, STRATFORD ROAD

The Community Heartbeat Trust will be demonstrating the use of defibrillators and explaining how the equipment works and its benefits to the community in saving precious minutes in the treatment of sudden cardiac arrest.

The more people that know how to use the portable defibrillator installed in our community, the more chance there is of saving the life of a victim of Sudden Cardiac Arrest

Everybody is welcome, and no special skills are required, just your willingness to play an important role in the event of a medical emergency.